



# CAPSTONE PROJECT

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3T04

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# 1 TO 1 SESSION

A SHORT GUIDELINE





## FEATURING

### A SHORT NOTE

To make these sessions effective, please kindly:

1. Go with an open mind
2. Relax and enjoy the chat!

Do take note that anything shared during the session will be kept strictly confidential and just between the two of us. No pressure, just relax. Please also keep in mind that regardless of the situation, challenges, or circumstances, all of us are here to support you because we're a family!

## WHAT IS THIS?

Greetings, teachers! We are introducing the 1 to 1 sessions with the principal.

The **OBJECTIVES** include:

1. Sharing your concerns and challenges
2. Having a friend to talk to

“You know you like your job if you don’t hate Mondays.”